

REVISTA ESPAÑOLA DE PODOLOGÍA

Official Journal of the Council of Colleges of Podiatry of Spain

EDITORIAL BOARD

Editor-in-Chief

- Javier Pascual Huerta (Private Practice, Bilbao, Spain)

Associate Editors

- Alicia Gavillero Martín (Podiatrist, Doctor, Lecturer Universidad Católica de Valencia San Vicente Mártir, Valencia, Spain)
- Pedro V. Munuera (Podiatrist, Doctor, Lecturer of Podiatry Department, Universidad de Sevilla, Sevilla, Spain)
- Alfonso Martínez Nova (Podiatrist, Doctor, Lecturer Universidad de Extremadura, Cáceres, Spain)
- Gabriel Domínguez Maldonado (Podiatrist, Doctor, Lecturer of Podiatry Department, Universidad de Sevilla, Sevilla, Spain)

EDITORIAL ADVISORY BOARD

- David Alonso Peña (Plastic Surgeon, Private Practice, Valladolid, Spain)
- Gabriel Gijón Noguero (Podiatrist, Doctor, Lecturer Universidad de Málaga, Málaga, Spain)
- Guillermo Lafuente Sotillos (Podiatrist, Doctor, Lecturer of Podiatry Department, Universidad de Sevilla, Sevilla, Spain)
- Francisco Javier García Carmona (Podiatrist, Lecturer Universidad Complutense de Madrid, Spain)
- Alejandro Luque (Physical Therapist, Doctor, Lecturer Universidad de Málaga, Málaga, España)
- Juventino Ruedas Trujillo (Medical Doctor, Private Practice, Ciudad Juárez, Mexico)
- Luke D. Cicchinelli (Doctor in Podiatric Medicine, Lecturer Podiatry Institute, Decatur, Georgia, USA)
- Kevin A. Kirby (Doctor in Podiatric Medicine, Adjunct Associate Professor, California School of Podiatric Medicine at Samuel Merritt College, Oakland, California, USA)
- Alan S. Banks (Doctor in Podiatric Medicine, Private Practice, Atlanta, Georgia, USA)
- Anthony Redmond (Podiatrist, PhD Section Head for Clinical Biomechanics and Physical Medicine Leeds Institute of Rheumatic and Musculoskeletal Medicine and Leeds NIHR Biomedical Research Unit, Leeds, UK)
- Daniel López López (Podiatrist, Doctor, Lecturer Universidad de A Coruña, Ferrol, Spain)
- Beatriz Gómez Martín (Podiatrist, Doctor, Lecturer Universidad de Extremadura, Cáceres, Spain)
- Carles Vergés Salas (Podiatrist, Doctor, Lecturer Universidad de Barcelona, Barcelona, Spain)
- José Luis Lázaro Martínez (Podiatrist, Doctor, Lecturer Universidad Complutense de Madrid, Madrid, Spain)
- Lourdes María Fernández Seguí (Podiatrist & Physical Therapist, Doctor, Lecturer Universidad de Sevilla, Sevilla, Spain)

- Roberto Pascual Gutiérrez (Podiatrist, Lecturer Universidad Miguel Hernández, Alicante, Spain)
- Javier Ferrer Torregrosa (Podiatrist, Doctor, Lecturer Universidad Católica de Valencia San Vicente Mártir, Valencia, Spain)
- Antonio Zalacain Vicuña (Podiatrist, Doctor, Lecturer Universidad de Barcelona, Barcelona, Spain)
- Carolina Rosende Bautista (Podiatrist, Lecturer Universidad de A Coruña, Ferrol, Spain)
- Elena Escamilla Martínez (Podiatrist, Doctor, Lecturer Universidad de Extremadura, Cáceres, Spain)
- Joris de Schepper (Podiatrist, Lecturer Artevelde University School, Gante, Belgium)
- Cynthia Formosa (Podiatrist, Doctor, Lecturer Malta University, Malta)
- Antonio Córdoba Fernández (Podiatrist, Doctor, Lecturer Universidad de Sevilla, Sevilla, Spain)
- Yves Lecure (Lecturer of Institute National Podologie, Paris, France)
- Devid Biscontinini (Podiatrist, Lecturer Università di Perugia, Perugia, Italy)
- Dionisio Martos Medina (Podiatrist, Private Practice, Beas de Segura, Jaén, Spain)
- Rafael González Ubeda (Podiatrist, Private Practice, El Puerto de Santa María, Cádiz, Spain)
- José Miguel Morales Asensio (Nurse, Doctor, Lecturer Universidad de Málaga, Málaga, Spain)
- Manuel Mosqueira Ourens (Podiatrist, Doctor, Lecturer Universidad Católica de Murcia UCAM, Private Practice, A Coruña, Spain)
- Eduardo Nieto García (Podiatrist, Private Practice, Logroño, Spain)
- Emmanuel Navarro Flores (Podiatrist, Doctor, Lecturer Universidad de Valencia, Valencia, Spain)
- Aurora Castro Méndez (Podiatrist, Doctor, Lecturer Universidad de Sevilla, Sevilla, Spain)
- Esther Chicharro Luna (Podiatrist, Doctor, Lecturer Universidad Miguel Hernández, Elche, Alicante, Spain)
- Rosa María Leyda Pineda (Podiatrist, Doctor, Lecturer Universidad de Valencia, Valencia, Spain)
- Pilar Nieto Gil (Podiatrist, Physical Therapist, Doctor, Lecturer Universidad de Valencia, Valencia, Spain)
- Ana Belén Ortega Ávila (Podiatrist, Doctor, Lecturer Universidad de Málaga, Málaga, Spain)

MANAGING BOARD COGECOP

| | |
|-------------------------------|---------------|
| Elena Carrascosa Romero | President |
| Rosario Correa Rodríguez | Vicepresident |
| Juán Dios Tomé | Secretary |
| Jesús Marcos Villares Tobajas | Treasury |
| Pedro Villalta García | Member I |
| Manel Pérez Quirós | Member II |

Publishing Regularity: Semestral

Official Publication of the Council of Colleges of Podiatry of Spain. Editorial INSPIRA NETWORK GROUP, S.L.

Indexed in COMPLUDOC, ENFISPO, DIALNET, InDICES-CSIC, LATINDEX (Catálogo v1.0 y v2.0), MIAR, DOAJ (Directory of Open Access Journals).

The Journal and the individual contributions to the authors provided to the journal are protected by copyrights laws and those terms and conditions are applied for its use within the terms of any Creative Commons licence applied to any specific article published.

All articles of the Journal are published in Open Access under a Creative Commons Licence 4.0 International (<http://creativecommons.org/licenses/by/4.0/>). This licence allows distribution and reuse of articles in any medium or format without any type of restriction as credit to the authors is given appropriately, a link to Creative Commons licence is given and notice if changes have been made to the original article.

A Public Domain Dedication is applied to the available data given in each individual paper (<https://creativecommons.org/publicdomain/zero/1.0/>)

Authors are the holders of Copyright rights of the papers published in the journal. The authors give the nonexclusive right to the Council of Colleges of Podiatry for publishing its work in Revista Española de Podología under the terms of the licences previously described.

Neither Inspira Network or the journal will have any responsibility for any lesions and or harms over persons or goods that can result from difamatory statements, violations of intellectual property, industrial o privacy, negligence and or responsibility of any product. They will neither assume any responsibility derived because of the use of the methods, products, instructions and or ideas described within the journal.

Available in Internet: www.revesppod.com

Data protection: INSPIRA NETWORK states that is obeys with Ley Orgánica 15/1999 of December 13th of Protección de Datos de Carácter Personal. Correspondence: INSPIRA NETWORK c/ Irún, 21. 28008 Madrid. Tel: +34 607825344. Fax:+34 915470570. e-mail: manuel.santiago@inspiranetwork.com

Legal Deposit: CA 331-2011

ISSN: 0210-1238

e-ISSN: 2695-463X